

WEDNESDAY

19
AUGUST

CINEMA & POPCORN

RELAX • LAUGH • ENJOY

TIME TO RELAX AFTER AN ACTION-PACKED SUMMER!
WE'LL TRANSFORM THE ACADEMY INTO
A **COSY CINEMA** WHERE EVERYONE CAN
ENJOY A FAMILY-FRIENDLY MOVIE TOGETHER
WITH **POPCORN** AND FRIENDS.



LOCATION:

Grand Union Jiu Jitsu



TIME:

3:00 – 5:00 PM (2 Hours)



FREE
FOR GRAND UNION
MEMBERS

PLEASE BRING



PYJAMA



BEAN BAG



BLANKET



PILLOW OR
CUSHION



WATER BOTTLE
(WATER ONLY –
NO FIZZY DRINKS PLEASE)

WE'LL PROVIDE



FRESH
POPCORN



FAMILY-FRIENDLY
MOVIE



A FUN AFTERNOON
WITH FRIENDS!

FREE
FOR GRAND UNION MEMBERS

£10 PER SESSION
FOR NON-MEMBERS

FUN ★ FRIENDS ★ CONFIDENCE ★ TEAMWORK ★ SEE YOU THERE!